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WESTLAKE | BAY VILLAGE

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Observer

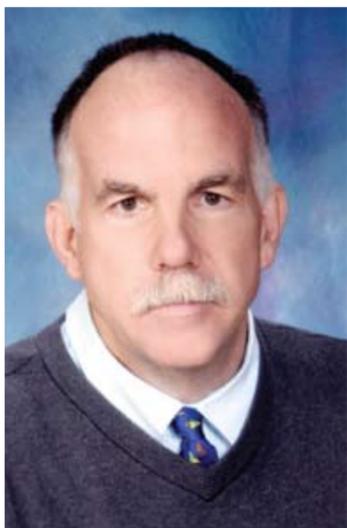
Community News & Views Written by the Citizens of Westlake & Bay Village • Join in at www.wbvobserver.com

Bay High Principal Jim Cahoon to retire

by Karen Derby

Bay High School Principal Jim Cahoon, who has served in his position since 1999, announced he will retire at the end of this school year.

“Jim Cahoon has been both a talented instructional leader and a dedicated service community leader,” said Clint Keener, superintendent of the Bay Village City School District. “Our students, staff and community members have been well enriched by his tireless efforts on behalf of us all.”



Bay High Principal Jim Cahoon will retire at the end of the year.

Under Cahoon's leadership, Bay High has been recognized with a wide variety of distinctions, including being named a 2010 U.S. Blue Ribbon School. Other recognition during Cahoon's tenure includes Bay High's inclusion on Newsweek's Best High Schools in America list and the U.S. News and World Report's America's Best High Schools list, the Harvard Business School Club of Northeast Ohio's Excellence in School Management Award, and annually, the Ohio High School Athletic Association's Harold A. Meyer Sportsmanship Award.

Thanks in large part to the expansive music program at Bay High, the Bay Village school district has been named to the Best Music Communities in America list since 2003.

Student achievement at Bay High has been exemplary under Cahoon's leadership. Bay High is consistently recognized by the Ohio Department of Education with the state's Excellent designation. Students also score above state and national averages on the ACT/SAT college entrance exams.

The school offers a strong Advanced Placement (AP) program (college-level courses) with heavy student participation.

» See CAHOON, page 4

Simulated scenarios test CERT trainees



Trainees in the Westshore Community Emergency Response Team program work together to rescue a dummy buried in debris. The latest class of CERT volunteers completed their training with simulated rescue scenarios at the Westlake service garage on March 19. More on page 2.

Flood relief donations being accepted

by Susan Iceman

Recent flooding across northern Ohio has left many families in need of basic household goods. Prince of Peace Lutheran Church located at 28455

Center Ridge Road in Westlake is a collection site for furniture and appliances. Donated items will be distributed to families in need through Lutheran Disaster Response of Ohio.



Items may be brought to the church and placed in the trailer located in the church's upper parking lot through April 2, 2011. For more information go to the church website at www.princeofpeacewestlake.org or call 440-871-5565. If you would like to

know of other ways you can help flood victims, contact LDR coordinator Mary Woodward at Lutheran Disaster Relief Ohio, 810 Main Street, Caldwell, OH 43724 or call 740-509-1132. ●

WHERE'S DOVER?

Last month, Dover visited Westlake City Hall. See where he went this month on page 9.



WESTLAKE REC CELEBRATES CHAMPIONSHIP!

The Westlake Demons seventh and eighth grade recreation girls basketball team won the West Suburban Recreation League Championship on March 12. The Demons accomplished the feat by beating the previously unbeaten Columbia Raiders 20-14.

Coach Jim Schultz's squad was the No. 3 seeded team and upset the No. 2 team from Middleburg Heights, then upset the No. 1-ranked Columbia Raiders to win the first-ever championship for a Westlake Recreational basketball team. Congrats to Coach Jim and his team. ●

It's time for fancy dresses at the annual Victorian Tea

by Cynthia Eakin

Join the members of the Bay Village Historical Society for their annual spring Victorian Tea on April 16 at 2 p.m., at Dwyer Memorial Senior Center, 300 Bryson Ln.

An afternoon of Victorian entertainment will include high tea, a create-your-own hat contest and a drawing for an American Girl doll. Doll clothes by Carol Major will be available for purchase.

Bring your daughters, granddaughters or little friend. Dolls are also invited. Afternoon party dress or Victorian attire is suggested.

Admission is \$20 for adults and \$10 for children. All proceeds benefit Rose Hill Museum and the Reuben Osborn Learning Center. Phone Carole Roske at 440-871-4797 for reservations. ●



Bridget Ilg and Emma Jaros were at last year's Victorian Tea. It will be held April 16 this year.



Westshore CERT class completes training

by Tara Wendell

The winter 2011 class of the Westshore Community Emergency Response Team (CERT) completed their 20 hours of basic training with a final day of simulated real-world scenarios at the Westlake service garage on March 19. Thirty trainees were split into groups of 10 and rotated between three stations: fire suppression, light search and rescue, and disaster response and victim triage.

CERTs are teams of community volunteers trained to assist local safety forces and first responders during major emergencies and disasters, operating under the direction of local fire departments. The CERT program is part of FEMA's national Citizen Corps, a grassroots strategy to actively involve local communities in emergency response. Westshore CERT is sponsored by the Westshore Council of Governments.

The final exercises on March 19 required trainees to rely skills they learned in the course when faced with real-world situations.

The disaster response and victim triage station simulated a scenario in which a tornado had ripped through the building. CERT members and other volunteers, in realistic blood-and-gore stage makeup, were assigned to

play the roles of victims in various stages of distress. Victims were located throughout the service garage offices, requiring trainees to search room by room and handle various situations.

In the vehicle bay of the garage, the skills of leverage and cribbing were tested as a dummy adult and infant were trapped under a pile of debris. Teamwork and planning were necessary to extract the victims without causing further harm.

Rocky River Fire Chief Chris Flynn led the fire suppression exercise behind the garage. Trainees used the buddy system to approach and extinguish a propane fire.

Over 350 residents from Westlake, Bay Village, Rocky River, Fairview Park, North Olmsted and Lakewood have completed the basic training course since the program began in November 2006. In that time, Westshore CERTs have responded to six local emergencies, including bomb threat evacuation and H1N1-virus vaccination assistance, as well as non-emergency support functions.

Participation is open to U.S. citizens 18 years and older in the Westshore community, with basic training sessions held twice a year. The next training will take place in the fall.

For more information about Westshore CERT or to volunteer, visit www.westshorecert.org.



CERT trainees complete the fire suppression portion of their training on March 19, extinguishing a propane fire behind the Westlake service garage.



CERT trainee Julia Grant tends to "victim" Emily Drews of Lakewood, who wore stage makeup to feign a head injury for the disaster simulation.

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is pleased to announce the age limit for residency has been lowered to 55.

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Observer Guidelines

Want to submit an article to the Observer? We'd love to hear from you! Here are some guidelines to keep in mind when writing for the Observer:

- Anyone who lives, works or has a vested interest in Westlake or Bay Village is encouraged to contribute.
- Aim for 300-500 words.
- Check your facts. Take the extra time to ensure accuracy.
- Submit original stories and photos. Don't copy others' work and remember to credit your sources.
- Be respectful of others.
- Write for the community. Your stories will be read by people throughout Westlake and Bay Village (and beyond) so keep the audience in mind when choosing topics.
- Know you'll be edited. All stories pass through

editors who review stories for spelling and grammar. We try to keep the news as "unfiltered" as possible, but may edit length and content if necessary.

- Disclose your affiliation. If you have a personal or business relationship with the subject of your story, let your readers know.
- Don't write stories solely to promote your business—that's what ads are for.

Ask questions! We're here to help you at every step along the way. Don't hesitate to come to us for advice or help with topics, content or the submission process.

To join in, sign-up through the Member Center at www.wbvobserver.com and submit your stories & photos. Photos should be jpegs & a minimum of 2 megabytes in size. If you have questions, contact us at staff@wbvobserver.com.



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WESTLAKE | BAY VILLAGE Observer

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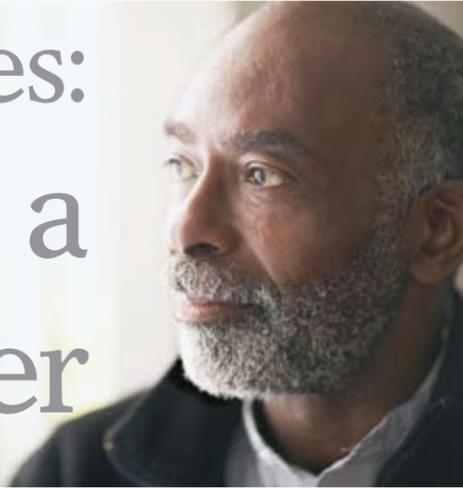
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Advertising Feature

Focus on Healthy Living



Type 2 Diabetes: Stopping a Silent Killer



Long before you would ever suspect, type 2 diabetes could be damaging your blood vessels.

“Most people have no idea about the damage that’s being done until it’s too late,” says Kevin Borst, D.O., an endocrinologist in Lakewood Hospital’s Diabetes and Endocrine Center. “Signs and symptoms of type 2 diabetes can be present for as long 10 years before the disease is ever diagnosed.”

Risk factors for type 2 diabetes include:

- Blood pressure higher than 130 over 80.

- Waistline bigger than 35 inches in women, and 40 inches in men.
- HDL or “good” cholesterol less than 40 in women, and 50 in men.
- Triglyceride levels over 200.
- Fasting glucose over 100.

There are ways to rid your body of pre-diabetes or type 2 diabetes, says Dr. Borst. These include exercising at least 30 minutes at a time, five days a week, losing weight, and talking to your doctor about ways to lower your triglycerides and LDL cholesterol.

“Knowing how important it is to aggressively treat risk factors through meal planning, physical activity and medication will help curb the problem and give the patient a chance at a longer, healthier life,” he says.

For more information on the Lakewood Hospital Diabetes and Endocrine Center or to make an appointment with Dr. Borst, call 216.529.5300. Visit lakewoodhospital.org/diabetes to order a free diabetes resource kit.

The Neurologist Will See You Now

You have a headache that is disrupting your life. Your physician is worried about your symptoms, so what’s next? Chances are you will be referred to a neurologist, a specialist in disorders of the nervous system.

“The nervous system – including our central, peripheral and autonomic nervous systems, blood vessels and muscles – is vital to keeping our bodies working like an amazing instrument,” says C. Daniel Ansevin, MD, board-certified neurologist at the Cleveland Clinic Neurological Institute at Lakewood Hospital. “Your nervous system and cardiovascular system are the two most important things keeping you alive.”

But when things start going wrong, we want to make sure it’s nothing serious. Most of us know it’s time to see a cardiologist when our heart’s not working right, but when is it time to call in the neurologist?

The answer isn’t simple, but there are some specific instances when you need to make the call. “Oftentimes a headache is the earliest sign of a neurological problem,” explains Dr. Ansevin. If you find your headaches are frequent and become almost unbearable, and you have no previous history of migraines, there may be something wrong. It’s time to call your doctor.

It’s also time to call your doctor if you start having vision or hearing problems. Ringing in the ears is often nothing more than an annoyance, but in conjunction with serious headaches, it could be a sign of a blood clot that has developed in the brain. This needs prompt medical attention by a neurologist.

Any trauma to the head – even if it seems minor – will typically require a trip to a neurologist. Hitting your head can easily lead to a brain injury, which can immediately or gradually cause memory loss, mo-

tor function impairment, paralysis, or even death.

You may also be referred to a neurologist if you have a change in bowel or bladder function, change in mental status, difficulty swallowing, dizziness, double vision, fainting, forgetfulness, numbness, pain in the neck or back, seizures, slurred speech, tingling or weakness.

Make an appointment with your physician, and ask whether a visit to a neurologist is warranted.

The Cleveland Clinic Neurological Institute at Lakewood Hospital offers expert neurologists who specialize in a wide range of diseases, including stroke, multiple sclerosis, epilepsy and Parkinson’s disease. To make an appointment, call 216.529.7110.

For more information, visit lakewoodhospital.org/neuro

When to Go to the Emergency Room: Symptoms You Should Not Ignore

You feel a stab of pain in your chest, abdomen, or head that makes you wonder what just happened. Is it serious? Should you ignore it, or go to the nearest ER? For many of us, deciding when to go the ER can be a difficult decision.

We hope that you never have to visit an ER, but if you do, we want you to know that Lakewood Hospital is here for you, 24/7. Our ER is always staffed with highly trained ER doctors, registered nurses and paramedics who treat patients of all ages with medical issues ranging from broken bones to strokes and heart attack.

Do not ignore the following symptoms – go to the closest Emergency Department:

Adults:

1. Chest Pain and/or Shortness of Breath
2. Unexplained Weakness/Numbness
3. Uncontrolled bleeding
4. Headache: migraine, classic or other
5. Coughing/Vomiting Blood
6. Abdominal pain
7. Persistent Fever
8. Extreme case of Vomiting/Diarrhea
9. Seizure
10. Severe pain due to injury

Children:

1. Severe convulsions
2. Coughing or vomiting blood
3. Severe neck stiffness or pain
4. Unusual fussiness
5. Extreme sleepiness, difficulty waking up, or lack of alertness
6. Fever of 105 degrees (40.6°C) or higher 30–60 minutes after giving fever-reducing medicine
7. Any signs of urinary tract infection, ie: frequent and/or pain or burning with urination
8. Signs of severe dehydration: sunken soft spot, no tears, dry diaper, weak
9. Asthma / Respiratory Distress
10. Difficulty breathing

Visit lakewoodhospital.org/ER to order a free medication tracking magnet or download a handout that can help you determine when you or your loved one should go to the ER and learn what to expect when arriving at our ER.



CUYAHOGA COUNTY PUBLIC LIBRARY BAY VILLAGE BRANCH

Upcoming programs at the Bay Village Branch Library

by Joyce Sandy

March is proving to be a Lion weather-wise and that provides the perfect opportunity to visit the library. Stop in to browse the collection, find a movie or novel for a chilly night, and have access to newspapers from around the world to stay informed on current events. We're here to help so ask us for recommendations for your next book and let us show you a new database or two. The whole world awaits you – and it's just down the street!

ADULT DEPARTMENT

Wednesday, March 23 (7 p.m.) SECRETS TO DECLUTTERING – Learn some secrets on how to tame the clutter and regain those lost areas of your garage or basement from professional organizer Sue Lyons. Topics will include getting started, creating a plan, handling paperwork, and more! Sponsored by the Friends of the Bay Village Library.

Wednesday, March 30 (7 p.m.) PRUNING BASICS – Join the Master Gardeners of Cuyahoga County to learn the why, when and how of pruning your landscape plants. Learn the skills you need to prune your trees, shrubs and evergreens correctly. Your plants will thank you! Sponsored by the Friends of the Bay Village Library.

Thursday, April 7 (7 p.m.) AUTHOR JOHN STARK BELLAMY II – Cleveland's master of historical crime and disaster, John Stark Bellamy II, will return to the Bay Library to talk about his new book

"The Last Days of Cleveland." A book signing will follow the presentation. Sponsored by the Friends of the Bay Village Library.

CHILDRENS DEPARTMENT:

Thursday, March 24 (3:30 p.m.) JUNIOR ENGINEERING CLUB – For ages 8-12. Have fun with LEGO blocks. All you need are your ideas and imagination.

Thursday, March 24 (7 p.m.) IT'S A GIRL'S WORLD – Girls in grades 4-5 and an adult female friend are invited to discuss a good book, share a snack and try a related project.

Monday, March 29 (11 a.m.) KANGAROO FUN – For ages 2-5 years. Enjoy stories about kangaroos and have fun with songs, movement activities and a simple craft.

Monday, March 29 (11 a.m.) AUSTRALIA DAY – For grades K-3. Join us as we explore Australia, our neighbors "down under." We'll hear stories, do crafts and have lots of Aussie fun!

STATION ATTENDANTS NEEDED FOR AUSTRALIA DAY

Grades 4-8 can help at various stations during the Australia program. Students can earn community service hours. Starts at 10:45 a.m.

Please register for these programs by calling 871-6392 or online at www.cuyahogalibrary.org.

CAHOON

continued from front page

BAY HIGH PRINCIPAL TO RETIRE

More than 80 percent of AP students pass the course tests at the high level needed for college credit. The number of AP offerings increased during Cahoon's tenure.

Stephen Kowalski, a parent of two Bay High graduates and two current students, expressed his appreciation for Cahoon's impact on the school and its students. "It is difficult to express how grateful I am to Mr. Cahoon for creating an environment at Bay High, through his leadership and personal involvement, where students are welcomed and encouraged to grow both academically and through sports and student activities," he said.

Bay Village community members know Jim Cahoon as an advocate and leader for many service projects that benefit Bay High students, the Bay Village community, and the wider community.

Cahoon established and advises the Youth Philanthropy Fellowship, a student club that raises many thousands of dollars per year to fight disease, most notably cystic fibrosis, and other worthy causes.

He also began and advises HUDDLE (Helping Us Develop Dedication Leadership and Enthusiasm) in Bay Village schools. High School students serve as role models and teachers of life lessons to students in younger grades. The program began with fourth grade HUDDLE, and over the eleven years of existence has branched to sixth grade and second grade. Seventy-two high school students and six-hundred district students benefit from the HUDDLE program each year.

Cahoon has been a primary organizer for Bay Village's Relay for Life event to fight cancer, recently chairing the elaborate, overnight event. He has also worked closely with parent groups, and he was instrumental in the Bay Rockets Association Field of Dreams project, raising private funds to renovate Bay High Memorial stadium with an enhanced entrance, concession stand and artificial turf.

"We will dearly miss Mr. Cahoon's energy and generous donation of his personal time to the Bay Rockets Association and Rockets Renovation activities," said Mark Mutch, Bay Rockets Association President. "He has been a true champion of our student athletes."

Cahoon and his brother, Dick Cahoon, have also established the John

Kids can explore Australia on March 28

by Joyce Sandy

Get your 'day mates! Come to the library on your first day of Spring Break and travel to Australia with us!

Students in grades K-3 will explore Australia and our neighbors "down under." We'll hear stories and then there will be activities to explore, crafts to do, and lots more Aussie fun!

Students in grades 4-8 can also come to help out. We need Station Attendants to help the younger students at the activity stations. Come and have fun and earn community service hours as a bonus!

Our younger customers are not left out of the fun that day. There will be a special Kangaroo

Fun storytime for them and a caregiver at the same time as the program for the older students. We'll share stories, songs, movement activities, and a simple craft or two.

All of these programs will be held on March 28: Australia Day for grades K-3 is from 11:00 a.m.-noon and Kangaroo Fun for ages 2-5 years is 11:00-11:30 a.m. Station Attendants in grades 4-8 should arrive by 10:45 a.m.

There truly will be something for all ages during this fun time at the library. Start your Break off right with a trip to Australia – you'll even be home in time for lunch! ●

Joyce Sandy works in the Children's Department of the Bay Village Branch Library.

Learn pruning techniques from Master Gardeners

by Joyce Sandy

Are your shrubs and trees overtaking your yard? Did the winter ice and snow break branches that you need to trim? The Bay Village Branch of the Cuyahoga County Public Library can help!

The Master Gardeners of Cuyahoga County will present a program to teach the why, when and how of pruning. You will learn the skills you need to prune your trees, shrubs, flowering shrubs and evergreens. The Master Gardeners of Cuyahoga County are

part of the Ohio State University Extension Program.

To become a Master Gardener, one must apply, attend classes, pass an interview, agree to adhere to strict standards and be formally installed at a special presentation. In other words, they are very knowledgeable about gardening!

If you are interested in attending this program on Wednesday, March 30, at 7:00 p.m., please register online at cuyahogalibrary.org or call the library at 871-6392. This program is sponsored by the Friends of the Bay Village Branch Library. ●

T. Cahoon Memorial Scholarship, a four-year scholarship to honor another Cahoon brother.

Cahoon said he will always be glad he accepted the Bay High principal position. "I would like to thank everyone who has had an integral role in my career at Bay for their help and support throughout my twelve years at the high school," he said. "It has been my greatest job with the fondest memories. When I came to Bay, I planned to leave in 2006. Life changed, my brother died, I learned I loved my job regardless of its difficulties. I am thankful that I remained five years past my initial plan. My life has been changed for the better, forever, because of coming to Bay."

Prior to working in Bay Village, Cahoon served as superintendent of the Black River Local Schools, and he earlier served as assistant superintendent and as high school principal for that district.

He began his career in education as a social studies teacher and coach in the Akron City School District, where he also served as a pupil services coordinator.

"I have forever felt I was blessed to be Bay High's principal," he said. "I hope I will be remembered as a child advocate. It is our students for whom we have schools and for them we serve. My relationship with the students of Bay High School is what I probably will miss most."

Jim Cahoon is a member of the Summit County Sports Hall of Fame for his girls' basketball coaching.

He earned a master's degree from the University of Akron and his bachelor's degree from Washington and Jefferson College. He has completed many hours of doctoral work in educational leadership and administration at the University of Akron. Cahoon resides in Bay Village with his wife, Debra.

"I plan to travel the world with my wife, spend time with my grandchildren, spend time with the rest of my family and friends, volunteer for good causes I believe in, and play golf," he said. "It has been my honor and privilege to serve Bay Village; its staff, students, parents and the entire community. I will very much miss my office staff and my professional colleagues." ●

WESTLAKE PORTER PUBLIC LIBRARY**Upcoming events at Westlake Porter Public Library**

by Elaine Willis

Wednesday, March 23 (10:30-11 a.m.) LET'S SING AND DANCE! – Join us for a fun session of singing and dancing. For children ages 2-6 with a caregiver. No registration required.

Wednesday, March 23 (2 p.m.) AFTERNOON BOOK DISCUSSION – March's selection is "In the Company of Others" by Jan Karon.

Wednesday, March 23 (7-8 p.m.) PAWSITIVE READERS – That super canine listener Baby is back and she can't wait to hear your stories! Kids in grades K-2 can sign up for a ten-minute read time with Baby! Call the Youth Services Department to sign up. Limit 5.

Thursday, March 24 (7-8:45 p.m.) NICOTINE BEES – Debbie Dean Espie will present this film which explains why the world's honeybees are in trouble and our food supply with them.

Friday, March 25 (10 a.m.-12 p.m.) PORTER'S FIBER FANATICS – Socialize, share, and solve problems with fellow needle artists while you work on your current project.

Friday, March 25 (10:30-11:15 a.m.) COME PLAY WITH ME! – Open playtime with age-appropriate toys, songs and rhymes for ages 2-5 and their caring adults. Registration begins Feb. 18.

Saturday, March 26 (10 a.m.-2 p.m.) CRAFTS A GO-GO! – Join us for a fun and easy craft! All supplies provided; just drop in.

Saturday, March 26 (11 a.m.-12 p.m.) IN STITCHES CLUB – Learn the basics of cross stitch, try some specialty stitches and do some fun projects! Grades 4-7. Registration begins Feb. 19.

Monday, March 28 (1-7 p.m.) AMERICAN RED CROSS BLOODMOBILE

Monday, March 28 (7 p.m.) WESTLAKE HISTORICAL SOCIETY

Tuesday, March 29 (7:30-8:45 p.m.) WESTLAKE

WESTSHORE ARTS COUNCIL: FYI OPERA – The Cleveland Institute of Music's David Bamberger and some of the school's students will present an opera program.

Wednesday, March 30 (2:30-4 p.m.) SPRING BREAK MOVIES: "BEVERLY HILLS CHIHUAHUA 2" – That posh Chihuahua from Beverly Hills is back in action! All ages welcome. Registration begins March 23.

Wednesday, March 30 (7-7:30 p.m.) LET'S SING AND DANCE! – Join us for a fun session of singing and dancing. For children ages 2-6 with a caregiver. No registration required.

Thursday, March 31 (3-4 p.m.) EXTREME FOOD CHALLENGE – Do you have a strong constitution? When it comes to food, are you adventurous? Then enter our Extreme Food Challenge and try some of the world's grossest foods! Prizes will be awarded. For grades 6-12. Registration begins March 24.

Saturday, April 2 (9:30 a.m.-4 p.m.) BABYSITTING COURSE – The American Red Cross is offering a six-hour course that is designed for 11 to 15-year-olds. The course covers: 1) fundamental leadership skills; 2) the business of babysitting; 3) safety issues related to babysitting; 4) understanding childhood development and behavior; 5) the essentials of basic child care; and 6) what to do in an emergency. Please bring a lunch. The fee for this course is \$55.00. You MUST register with the Red Cross by calling 216-431-3010 or register online at <http://www.redcross-cleveland.org/courses/baby.asp>.

Saturday, April 2 (2-3 p.m.) BRICK BUILDERS CLUB – Love those LEGO bricks? Then bring your ideas and imagination to the club! All bricks provided. Ages 6-13. Registration begins one week prior to each session.

Thursday, April 7 (7-8:30 p.m.) INVESTOR INTEREST GROUP – Lou Floyd will discuss "Beginning Charting Part 1: Using Technical Analysis to Chart Stocks".

To register for any of the programs, please call (440) 871-2600 or visit <http://signup.westlakelibrary.org:8080>.

ENJOY MINI-GOLF IN THE LIBRARY!

by Elaine Willis

The Friends of Porter Public Library invite the community to a special family-friendly mini-golf fundraiser on Friday, April 8 at 6, 7 and 8 p.m. The cost is \$15 for teams of up to four (any ages) for nine holes of golf.

Funds raised will go towards Friends-sponsored programs and services at the library. Stop by the library's Circulation Desk to register your team for a tee time. A cakewalk and Wii Golf will also be available to golfers during the evening.

The nine hole mini-golf course was built by Boy Scout Troop #225. Hole sponsors include Bonne Bell, Mary Kay Boyer CPA, Lutheran Home, Madison Eye Care Associates, Benefits Management Association, Quality Assist Consulting, Scentsy and the Staff of Westlake Porter Public Library.

For more information, please call the library at 440-871-2600 or visit the website at www.westlakelibrary.org. Elaine Willis is the Public Relations Associate at WPPL.

Westlake salon offering discounted services to benefit The Gathering Place

by Jen Meier

Bella Capelli Sanctuario in Westlake will participate for the first time in the nationwide Spa Week event. The concept is simple: full-service spa services, normally costing from \$75 to \$200, for just \$50, for one week only.

"We are excited to be a part of Spa Week. Offering discounted spa services helps us make the spa experience an affordable part of a healthy lifestyle, and it supports our mission of offering clients a highly individualized service in a peaceful and inspiring atmosphere," says Sandy Borrelli, co-owner of Bella Capelli Sanctuario.

For each \$50 Spa Week service booked, Bella Capelli will donate \$5 to The Gathering Place, a non-profit community center that supports, educates and empowers individuals and families touched by cancer with programs and services free of charge.

First-time clients can choose between two \$50 services: a 60-minute customized Aveda facial or a 90-minute haircut and style, mini-facial and makeup application.

Clients should call the salon directly at 440-899-1225, and mention Spa Week at time of booking. The discounted services will be offered April 11-17. Availability is limited.

Bella Capelli Sanctuario's salon and spa are located at 24350 Center Ridge Rd. in Westlake.

Join in at www.wbvobserver.com**Social networking tips for jobseekers**

by Michael Perry

So you have a Twitter account, Facebook page and a LinkedIn profile. Are you using them as tools to help you to get re-employed? Or is your online presence creating the wrong personal brand/image and eliminating you from contention for being seriously considered as a candidate?

Consider this, from a potential employer's frame of reference – if he can find and read all of this information about you, so can his boss and his company's best client. So he must be very cognizant of the image you have chosen to portray online. If what can easily be seen or read about you online might embarrass his company, why would he consider hiring you?

So, how can you avoid a personal online disaster and use the digital universe to your advantage? Here are a few tips that might wind up being game-changers for you:

- **First and foremost, take an "inventory" of your social media accounts.** Look at each as though YOU were the hiring manager looking at "you," the candidate. What would be your first (and lasting) impression of this "candidate"?

- **Don't just add people to your LinkedIn profile to pump up the number of connections.** Hiring managers will look at your connections to see who is in your network. Are you surrounding yourself with strong business/professional contacts or "just anyone"? Quality vs. quantity here, folks.

- **Join industry-related groups on LinkedIn.** Comment regularly on discussion topics of interest that can provide you an opportunity to be viewed/perceived as an industry expert

and thought leader.

- **Search for good industry-related blogs and get to know the authors.** Add them to your LinkedIn connections. You never know who these folks might have in their networks that might be able to help you get your foot in the door of a targeted employer.

- **It's OK to ask people to recommend you on LinkedIn.** Ask the people who are willing to recommend you to focus their comments on a particular accomplishment, which demonstrates a high proficiency with a specific skill set. Over time, these recommendations from former co-workers, supervisors and clients will tell a pretty complete story about how you are able to apply multiple skills to produce exceptional results.

- **Use the "Advanced Search" option in LinkedIn** to look for employees of your target companies who have a profile. Find those people who are connected to your connections, then pick up the phone and ask the person in your network to arrange for an introduction.

- **Remember, nothing ever really gets deleted from the Internet.** Pictures, videos, emails – these things "live" forever in the digital world. Think at least twice before you hit Send or "Post" – think about what your post is telling someone about you.

Clearly the bottom line in all of this is to use these tools, and use them effectively. The only required investment is your time. To become a proficient user of social media is relatively easy. And, such proficiency goes a long way to getting your name on the short list of finalists for job opportunities. ●

Cleveland crime and disaster expert John Stark Bellamy coming to Bay

by Jane Lassar

Cleveland author John Stark Bellamy II will speak at the Bay Village Branch Library, 502 Cahoon Rd., Thursday April 7, from 7-8 p.m. The event is free and open to the public.

Bellamy's talk will include stories about some of the gruesome crimes and scandalous events from Cleveland's history including: the suicide of two West Park girls (ages 10 and 11) who died after eating rat poison in their grandmother's basement; the wild prophecies of the Rowenites who announced the apocalypse would take place at midnight on Feb. 6, 1925, then gathered on rooftops in Garfield Heights to wait for the end; and the murder of George Saxton, playboy brother of Pres. William McKinley whose sensational death and the murder trial of his mistress riveted an entire nation.

The talk is based, in part, on Bellamy's new book, "The Last Days of Cleveland," recently published by Gray & Company.

The author of six story collections and two anthologies and the former history specialist for the Cuyahoga County Library system, John Stark Bellamy retired to Vermont in 2004. He visits Cleveland periodically to speak



Author John Stark Bellamy II will be at the Bay Library April 7.

about his work.

For more information about Bellamy's talk at the Bay Village Branch Library, call 440-871-6392 or call Gray & Co., Publishers, at 1-800-915-3609.

For more information about John Stark Bellamy, visit: <http://www.grayco.com/cleveland/authors/bellamy-john/author.shtml>.

Devon Oaks employees honored

by Linda Hart

Employees of Eliza Jennings Senior Care Network recently were honored for outstanding employment service during the 2011 STARS Employee Recognition Luncheon.

Recipients of the award from Devon Oaks, Eliza Jennings' assisted living community in Westlake, were Activities Assistant Joyce Atkinson, Dietary Server Charlene Hayes, and Resident Assistants Molly Vargo and Carmen Calderon.

The STARS program is hosted by LeadingAge Ohio (formerly AOPHA), the advocate of not-for-profit services for older Ohioans, and the LeadingAge Ohio Resident Forum, comprised of association member residents and clients.

"We are proud of the services we provide to older adults and this pride is never more evident than in watching the dedication of our staff on a daily basis," said Kara Serger, Director of Human Resources. "It is an honor to recognize these individuals, who truly represent the not-for-profit difference we provide older Ohioans."

The Northeast Region STARS event recognized front-line employees of not-for-profit providers of services for older Ohioans nominated by their employer, residents or resident families for exemplary service. The program is held in eight regions throughout Ohio and this year will recognize over 400 outstanding employees statewide in the not-for-profit senior services profession. ●



Recent recipients of the STARS award for outstanding employment service were Devon Oaks employees (l-to-r): Resident Assistants Carmen Calderon and Molly Vargo; Dietary Server Charlene Hayes; and Activities Assistant Joyce Atkinson.



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Do you know the warning signs of a stroke? Think F.A.S.T. Learn more and request a free stroke information kit at lakewoodhospital.org

For an appointment, call 216.529.7110.

Unity to show education documentary 'Race to Nowhere'

by Terri Zajac

“Race to Nowhere,” a documentary which has drawn thousands across the nation and has been screened in schools, theaters and film festivals, will be shown at Unity Spiritual Center on Friday, April 15, at 6:45 p.m. The film casts an unflinching eye on the way success is defined in the American education system and the impact on students, educators and parents.

Burned out students and worried educators share stories that demonstrate what the film’s producers call “the culture

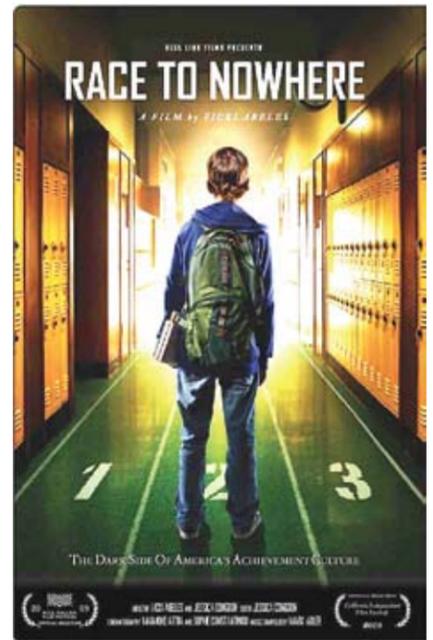
of hollow achievement” – students being pushed to the brink and emerging disengaged and unprepared to compete in the global economy. An official selection at nearly a dozen independent film festivals, “Race to Nowhere” challenges communities to go beyond GPAs and standardized test scores and find better methods of preparing the students of today.

The film is rated PG-13. Tickets are \$10 online (with a \$1.54 fee per ticket) and \$15 at the door. Unity is located at 23855 Detroit Road, one block west of Clague Road, in Westlake. The showing at Unity is sponsored by the non-profit

holistic education organization A Gathering of Children.

Tickets can be purchased online at: www.racetonowhere.com/screenings/unity-spiritual-center-sponsored-gathering-children-inc.

Because seating is limited, it is recommended that interested people buy tickets online in advance. For information on Unity Spiritual Center, visit www.unityspiritualcenter.com, or call 440-835-0400. For information on the subject of the documentary, go to www.racetonowhere.com. ●



Compeer is named peer support program of the year

by Denise Ayres

On March 8, Michael Baskin, Executive Director of the Greater Cleveland chapter of the National Alliance on Mental Illness, announced that the Compeer Program has won its “Peer Support Program of the Year” award. The awards ceremony will take place Wednesday, April 13, 11:30 a.m. at the Hilton Garden Inn Downtown.

The special guest speaker at the event will be Tracy Plouck, the newly-appointed Director of the Ohio Department of Mental Health. Anyone interested in attending can receive details at the NAMI Greater Cleveland website: www.namigreatercleveland.org.

The Far West Center and Compeer staff, members and

volunteers are very honored to receive this award from NAMI Greater Cleveland. A peer support program is one in which the philosophy and goals are to get adults in recovery from mental illness involved in planning and participating in program activities.

In the planning and participation, individuals meet supportive people, reconnect with past skills, learn new skills and gain positive self-esteem. In addition to these program benefits, adults in recovery receive opportunities to give back to the community.

Compeer is very fortunate to have Jody Bell as our Peer Support Specialist. Jody is an enthusiastic planner and is multi-skilled. Her professional work experience in the Cuyahoga County Mental

Health System is extensive. Last year, Jody won the Peer Advocate and Support Award from Cuyahoga County’s Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board.

In addition to Compeer, Jody is presently facilitating the “Peer-To-Peer Recovery/Education Course” each Friday, from 3:00-5:00 p.m. at the ADAMHS Board. Jody will go to Alabama next month to train new peer support specialists. Jody is an outstanding professional and a warm-hearted friend to all.

On March 10, United Way and Far West Center honored a Compeer volunteer, Josef Vyvoda of Westlake, as a “United Way Spotlight Volunteer.” Josef was recognized along with 32 other United Way Agency

Volunteers at a meeting and luncheon.

Josef has been in a Compeer Match with Norm, a gentleman in recovery, for many years. Josef offers support to Norm, his family, and every Compeer member he meets with. Please visit www.unitedwaycleveland.org and read about Josef and the other United Way Agency Spotlight Volunteers.

Compeer at Far West Center is a dynamic program. In Compeer, the staff, members and volunteers put positive and health oriented ideas into action! Compeer offers an encouraging network of friends and meaningful activities in order to promote self worth and optimism. If you would like to join us please call 440-835-6212, ext. 242, or email: compeer@farwest-center.com. ●

POETRY

Spring’s World

Dianne Borowski, Bay Village

Spring, the scent
Of blossoms
Linger,
Caressing the moment.

Damp, dew-filled
Mornings
Easing into sunny
Afternoons.

Gentle breezes.
Coaxing buds,
Crocus’ smiling
Reaching for the sun.

Spring’s world
Alive with new life
Created in silence
In winter’s womb.



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POETRY

Wonderful Westlake

Mel Maurer, Westlake

Westlake. Wonderful Westlake.
Beautiful Daughter of Dover,
Beacon of the Western Reserve.

Born of brave men and women,
Forests, streams and fertile soil,
Amid sloped ridges of resources.

Blessed by its Pioneers' Dreams:
Porters, Johnsons, Coes, Sperrys,
Crocker, Clagues, many more.

Tree'd streets honor their names,
Flowered, wide boulevards their
Early well worn paths and trails.

Farming, logging, milling, mining,
Cabins, churches, schools, stores,
Taverns, Posts, forges and books.

Green vines, grapes, frontier wine,
Bog ore blasted into native iron.
Decades of progress from 1811.

Personal sacrifices freely made,
Saving this nation and others;
Heroes rest within its quiet earth.

Its blended people of the world,
Generations of generous growth;
A place of faith, family, friends.

Commerce, homes and service,
Culture, recreation and parks,
Pay homage to founders' visions.

All American in every good way,
A City Blooming with great Pride.
Westlake. Wonderful Westlake.

Westlake Bicentennial Poetry Contest

The contest is open to all Westlake residents in grades 1-12. Poems of no more than 150 words should reflect the theme of "200 Years of Westlake History." Poets will be divided into three age groups: Grades 1-4, 5-8, 9-12.

Entries will be judged on three criteria: sense of history, writing quality and creativity.

The grand prize winner from each age group will receive:

- \$50 in cash;
- A Bicentennial-themed gift basket from the Westlake Historical Society
- A Friends of Porter Library gift basket
- A book of their choice from Gray & Company, Publishers
- Special recognition by the Mayor and City Council
- A copy of their poem included in the Westlake Bicentennial Time Capsule

Two runners-up in each age group will receive \$25 each and their choice of book from Gray & Co. All winning poems will be published in the Westlake | Bay Village Observer newspaper. Cash prizes provided by Mel Maurer, The Belvedere of Westlake and Minotti's.

Poems will be evaluated by a panel of judges made up of a Westlake poet and representatives of the Westlake Historical Society, Westlake Porter Public Library and Westlake | Bay Village Observer.

Deadline for entries is April 30. Winners will be notified on May 13. Poems will appear in the May 17 issue of the Observer and winners will be recognized at the May 19 meeting of Westlake City Council.

WESTLAKE BICENTENNIAL POETRY CONTEST ENTRY FORM

Name: _____ School: _____ Grade: _____ Phone #: _____

Enter poem below or attach to this form (150 words or less):

Open to all Westlake residents in grades 1-12. Poems judged on sense of history, writing quality and creativity. Deadline for entries is April 30. Questions may be directed to Zac Springer at 440-250-5486.

Return this form:

IN PERSON: Westlake Porter Public Library, 27333 Center Ridge Rd.

BY MAIL: Send to Westlake Historical Society, P.O. Box 45064, Westlake, Ohio 44145

BY EMAIL: Send to Tara Wendell at tara@wbvobserver.com (include name, school, grade and phone number)

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You don't need experience – if you see something of interest, write about it or take a picture and put it up!

There are no commitments. Writers may submit as often as they please – a single story, a story about a different topic in every issue, or a series of stories on a subject that you're passionate about.

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WESTLAKE HISTORICAL SOCIETY

Where's Dover the Bicentennial Bear?

by Lysa Stanton

Hey kids (of all ages), "Dover" the wandering Bicentennial Bear from the Westlake Historical Society is out visiting more interesting and historical places this month.

This month, Dover decided to visit the Westlake Porter Public Library, located at 27333 Center Ridge Road.

Dover loves to visit the Westlake Porter Public Library because everyone is friendly and willing to help him. He especially likes the children's area where they have chairs that are just his size.

Dover asked the friendly Librarian why it is called Porter Library. He was told that one of the early settlers in Dover Township (now known as Westlake) was a man named Leonard G. Porter. Mr. Porter, who was born in 1806, liked to read and so he donated \$1,000 and all of his personal books

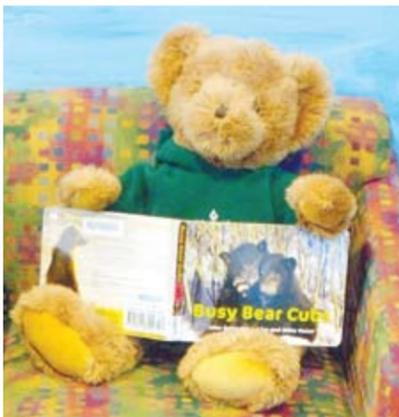
to begin a library in Dover when he died in 1884.

In 1935, a member of another early Dover family, Sophronia Clague, donated \$10,000 to the library in her will. She was a school teacher and also loved to read.

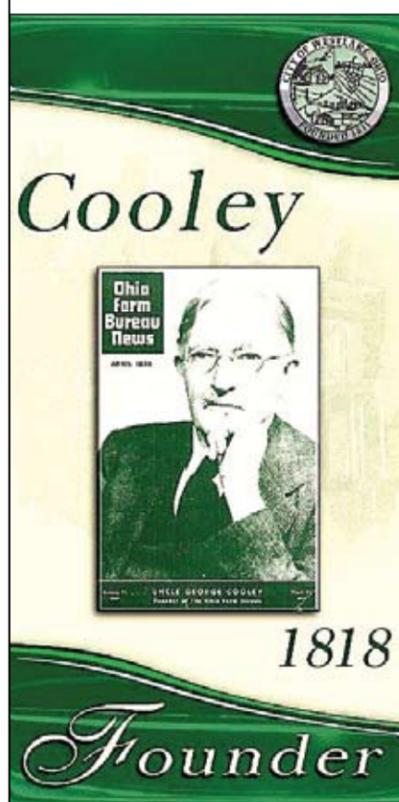
Dover also learned that over 1.4 million items were checked out from the library in 2010. Also, almost 487,000 people now visit the library every

year. The youth department had over 49,000 items checked out in 2010.

But most of all, Dover likes to go to Porter Library because it's FUN! ●



Bicentennial Banners: FOUNDING FAMILIES



Asher Cooley was born in Hawley, Mass., in 1787 and married Lydia Smith in 1808. He first visited Dover in 1815 and in 1818 immigrated by oxcart with Lydia and their five children. He built a house in 1828, still located at 2871 Dover Center Road, south of Center Ridge Road.

Asher and Lydia had three additional children born in Dover and spent the remainder of their lives in this house. He was among a group of men from Dover and other communities who met at the Old Stone Church on Cleveland's Public Square on July 4, 1838, to "assist in organizing a County Anti-Slavery Society."

Asher and Lydia's son, the Honorable John McCrea Cooley, was born in the family home. He served in the Civil War, filled various township offices, was postmaster of Dover for a number of years, and was elected in 1874 to one term of office in the Ohio legislature.

Among the children of John and his wife, Lucy, was George Lathrop Cooley, born in Dover in 1861. In 1887, George married Clara Elizabeth Hall. He and a small group of leaders founded what became Porter Library, and he served as a trustee of the library for many years.

George Cooley was also known as "Father of the Ohio Farm Bureau," founded in 1919. He was president of the Farm Bureau Mutual Automobile Insurance Company. In 1955, the name of the company was changed to Nationwide Insurance. Current Westlake resident Roger Cooley is George Cooley's grandson. ●

Purchase your engraved century-old bricks for bicentennial project



Bricks were saved from the demolished Red Brick Schoolhouse.

by Dave Pfister

The Westlake Historical Society is pleased to be a part of the effort to honor our city's founders and significant people through the use of commemorative bricks from the old Red Brick School to install a Bicentennial Founders' Walk. Both the Westlake Historical Society and Westlake Kiwanis are helping to sell the engraved bricks.

You can leave your mark on our community by purchasing an engraved century-old brick personalized with your individual message. All individuals, groups and businesses are encouraged to be a part of our history by purchasing a bicentennial engraved brick.

The cost of each brick paver is only \$60.00.

The Founders' Walk will be approximately 100 feet long and include a 20-by-30-foot patio area.

Trees and benches will also be included to beautify the path, located across Clague Road from the beautiful Clague House Museum, home of the Westlake Historical Society.

Please use the form printed next to this article to order your engraved brick. You may also download the form on the Westlake Kiwanis website at www.westlakekiwanis.org or order one or more bricks online at the Westlake Historical Society website at www.westlakeohiohistory.org.

Please contact Dave at 440-721-1201 or westlakehistory@yahoo.com with any questions. ●

Celebrating 200 Years 1811 - 2011

Leave Your Mark!
and become a part of

Westlake History!

Buy an engraved century old brick from the Red Brick School for the Bicentennial Founders' Walk at Clague Park.

As part of the city of Westlake's Bicentennial celebration, we will be honoring the city's founding families and preserving history with a Founder's Walk at Clague Park. The city has purchased bricks from the recently demolished Red Brick School on Dover Center Road for the walkway. Your engraved brick will be placed along side the founders of Westlake on the pathway.

Cost per Brick: \$60

Information to be engraved on the brick: Maximum of 3 lines with up to 13 characters per line. Spaces and punctuation are considered characters. Please print clearly.

The Frederickson Family ← EXAMPLES → In Honor of Tom and Wendy Johnson

Name: _____ Phone: _____

Address: _____ City: _____

State: _____ Zip: _____ e-mail: _____

Bricks may be purchased from either Westlake Kiwanis or the Westlake Historical Society.

If you are purchasing from the Westlake Historical Society, make checks payable to and send completed forms to:

Westlake Historical Society
P.O. Box 45064
Westlake, OH 44145
Info: (440)721-1201

OR

If you are purchasing from Westlake Kiwanis, make checks payable to and send completed forms to:

Westlake Kiwanis
2679 Northglen Dr.
Westlake, OH 44145
Info: (440)829-0974

Purchase a brick online at www.westlakeohiohistory.org

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WESTLAKE CITY SCHOOLS

Westlake-Tralee art exchange send-off at city hall April 11-19

by Kim Bonvissuto

Westlake City Hall will host "Send-Off to Tralee," the first phase of the Sister Cities Student Art Exchange between Westlake and Tralee, Ireland, from April 11 through April 19.

About 60 pieces of student art in this exhibition will represent artwork from kindergarten through grade 12 from Westlake public and private schools. The international student art exchange is part of Westlake's 2011 Bicentennial celebra-

tions and reconnects Westlake with one of the countries from which Westlake's early settlers emigrated.

A reception for student participants, their families and friends will be held Monday, April 11, from 6 to 8 p.m. The evening will include a dedication at 6:30 p.m. by Westlake Mayor Dennis Clough, followed by comments from Westlake Schools Superintendent Dr. Daniel J. Keenan Jr. and Westlake City Council President Michael Killeen.

The send-off is the first phase of a

three-part exhibition. The student artwork will be packaged and shipped to Tralee, in southwest Ireland, where it will be exhibited with work from Tralee students for a total of about 120 works of art. The pieces will be part of the "Feile na Blath" Gaelic flower festival in June. Siamsa Tire Theatre, part of the National Folk Theatre of Ireland, Theatre and Arts Center, will host the work in a gallery.

Westlake art teachers selected art with a variety of themes and approaches, including personal experiences, exercises in design, everyday life, and cultural and historical references.

The third phase of the exhibition will bring Westlake's artwork back home, along with the artwork of Tralee students for exhibition locally.

Westlake schools participating in the

exchange include Bassett, Dover, Hilliard and Holly Lane elementary schools, Parkside Intermediate School, Lee Burneson Middle School, Westlake High School, St. Bernadette Catholic School, St. Paul Lutheran School, Montessori Children's School, Westlake Montessori School and Westlake Christian Academy.

Sponsoring this exchange are the Westlake PTAs, Westlake Education Foundation, Northeast Ohio Art Education Association, Westlake-Westshore Arts Council, Rae-Ann Skilled Nursing and Rehabilitation Centers, Westlake Teachers Association and the City of Westlake.

The Westlake City Hall exhibition is open April 12-19 from 8 a.m. to 5 p.m. (10 a.m.-4 p.m. on Saturday, April 16, closed on Sunday, April 17). ●

Westlake elementary students' art exhibited across the state

Several Westlake City School District artists will have their works exhibited across the state to celebrate their talents during this month's Youth Art Month Exhibition, sponsored by the Ohio Art Education Association (OAEA).

Grace Arndt, a second-grader at Hilliard Elementary School, has her Frida Kahlo-inspired self-portrait in oil pastel hanging in the Rhodes State Office Tower in Columbus through March 30. She was recognized during a certificate awards ceremony on March 12.

Hena Delic, a Hilliard Elementary fourth-grader, has her Expressionist self-portrait acrylic painting hanging in the State Teachers Retirement Systems building in Columbus this month.

She was recognized at a ceremony on March 5.

Sydney Barber, a first-grader at Holly Lane Elementary School, also was chosen as an exhibitor at the State Teachers Retirement Systems building.

Several Hilliard Elementary artists had their works on display at the Northeast Ohio Regional Show at Case Western Reserve University this month. They are fourth-graders Devlin Onofrey and Matthew Gulla, and second-grader Emilie Tobin.

March has been nationally recognized as Youth Art Month since 1961. Student artwork on display in Columbus will tour for the next year at a number of locations, including the OAEA convention. ●

WHS senior honored for career-tech accomplishments

Westlake High School senior David Schlunt was one of 17 Westshore students honored by the Lakewood/Rocky River Rotary on March 15 for his accomplishments in Lakewood High Schools' Career-Tech programs.

The Outstanding Career-Technical Award winners recognized the top performers in their career-technical programs for their exemplary accomplishments in the classroom, school activities, clubs, athletics and service in the community. David, who was recognized last month as the Lakewood Chamber of



Commerce Work Ethic Award winner, received a U.S. Savings Bond and a plaque. David participates in the automotive technology program. ●

Local medical professionals bring help to Haiti

After years of listening to a friend talk about her medical humanitarian trips to the Dominican Republic and Haiti, Westlake City School District school nurse Dorothy Beyer is giving up two weeks of her time to join the aid effort.

Beyer will join a team of Lorain County Community College (LCCC) nursing students, Vermilion dentist Dr. Ihor N. Suszko of the Cap Haitien Dental Institute and other health professionals from across the country in providing dental care to residents in the city of Cap Haitien. The team will work in a local hospital, Hospital Universitae Justinien, and two nursing schools, as well as poor communities in the Haitian countryside, during their stay to treat patients and discuss community health and nursing.

In Haiti, where poverty and hunger are rampant, parents quell their children's hunger by giving them sugar cane because it's readily available and satisfies. But it also leads to severe dental problems.

Beyer is taking a sabbatical from her Westlake nursing duties to help her

friend, Bay Village resident Pat Sedlak, RN, an associate professor and director of Surgical Technology at LCCC, set up a study abroad program for the college. Sedlak has been making the trip to the area for about 12 years.

"I always wanted to go, but the times never lined up in the past," Beyer said. "My husband (Dan, director of Human Subjects Research at the Cleveland Clinic) really wanted to be involved, so we made it happen."

The team left on March 13 and return March 27. Beyer's son, Joe, 24, accompanied Sedlak on a similar trip seven years ago as part of a high school project.

Each team member will bring a large suitcase filled with supplies – including cloth diapers, diaper pins, folders, pencils, markers, calculators, surgical drapes and surgical scissors – to help the local residents.

Along with attempting to pen a blog and potentially Skype with Westlake High School classes from Haiti, Beyer hopes to put together a program to present to Westlake High School students during a diversity week. ●

LBMS student earns spot on state MATHCOUNTS team

Five eighth-grade Lee Burneson Middle School students represented the school and the local chapter of the National Society of Professional Engineers in the state MATHCOUNTS competition in Columbus, bringing home top performance awards.

Kartik Dhinakaran received a fourth-place individual award, earning him a spot on the Ohio MATHCOUNTS

state team, which will compete on the national level in Washington, D.C., in May.

The LBMS team – Kartik Dhinakaran, Aswin Bikkani, Cal Craven, Ameesh Shah and Calvin Pozderac – captured an 11th place team award for outstanding performance, making Westlake one of only two schools from the Cleveland area to earn recognition. ●



Kartik Dhinakaran, pictured with LBMS Principal Paul Wilson and math teacher Judy McMasters, will compete with the Ohio MATHCOUNTS team in Washington, D.C., this May.

Planning Commission member running for Bay's Ward 2 seat

Bay Village resident and Planning Commission member Clete Miller is actively campaigning for the Ward 2 City Council Seat vacated by longtime Ward 2 representative Paul Koomar, who has opted to run for President of Council. Miller has served on the Bay Planning Commission since 2005 and views his candidacy as a natural progression of his interest in serving the community. "I've really enjoyed serving on the Planning Commission. It has given me a strong foundation to take my commitment to the city and its residents to the next level," Miller stated.

Ward 2 is unique in Bay Village in that it contains most of the city's businesses as well as schools and family dwellings. Miller's professional experience translates well to Ward 2. In addition to his current role with the planning commission, Miller is employed by the architecture firm Weber Murphy Fox since 1999 as a project manager. Miller is a Pennsylvania native, relocating from State College, Penn., in 2002 to assist in expanding Weber Murphy Fox's Cleveland office.

"We immediately fell in love with Bay Village and settled here. It's such a unique, close-knit community. I was

raised in a small town in Pennsylvania. Bay has that small town character, a great location on the lake and proximity to the metropolitan culture," said Miller. "It's a great place to raise a family."

Miller resides on Wolf Road with his wife, Becky, and two children. He received a Bachelor's of Architecture degree from the Penn State School of Architecture and Landscape Architecture. Clete also served in the U.S. Army Reserves as a military policeman.

For more information, contact Clete Miller at 440-899-9808 or wer4-inohio@gmail.com. ●

POETRY

Wind and Ashes

Joe Psarto, Westlake

The wind is stilled
and there are ashes
on an old man's sleeve,
but if truth be told,
the wind is waiting,
it will stir again,
-- oh my, what faith --
and the dust is a history
a man can shake off
if he wishes,
or not, if he prefers
his sleeve dusty.

Readers' Letters

Bay's Ward 3 councilman will run for at-large position

Due to Councilman Jim Scott's decision to not seek re-election, I am officially running for the open Councilman At-Large position, rather than the Ward 3 post which I currently hold. There is much work to be done in Bay Village and this is an opportunity to make a long term commitment.

It has been a true pleasure serving the residents of Ward 3 residents directly as their council representative during the past six years. If elected, I will continue to put forth a maximum effort for the benefit of our wonderful town.

Bay Village is facing many challenges as we continue to cut costs while investing in our infrastructure and maintain quality services. We are actively investing significant dollars in improvements to our sewer system. Additionally, we must continue to look at Regional options in an effort to improve operational efficiency and reduce expenditures.

I hope to have the opportunity to serve the Bay residents during the next four years as their Council At-Large representative.

Sincerely,
Scott Pohlkamp
Bay Ward 3

Collective bargaining: Getting it right

Wow. Do you see all the whooping and hollering going on in Columbus and Wisconsin? People with homemade signs. People with colorful T-shirts identifying which union they belong to and clever cheeky slogans. People screaming to shout down the other side.

Such theater. Such drama. But what is the truth, and what can we citizens do to make sure our lawmakers get it right? Here are some facts: The unions don't want to give up the power given to them by Governor Celeste. The State of Ohio is \$8 billion dollars in debt. There are massive abuses to the system, a system that is funded by taxpayer money. Nobody wants to lay off the guys who run into burning buildings but nobody wants to keep the lazy guys who are sleeping in the back and clocking in the overtime for 30 years, either.

Reasonable people can look at this bill and fix it. I was in Columbus on March 8 in support of SB 5. While there, I spoke to two young men who were joining the protest against SB 5. They wanted a picture with me and my sign (Balance the Budget Ohio - Thank you Governor Kasich).

We talked for over 40 minutes. Their families have small businesses. They get that mom and pop don't get paid holidays, vacations, overtime, pensions, health care, or "pick ups" (where the employer gets stuck picking up the employee contribution to a retirement fund). But they had valid points about

negotiations and safety concerns. They were sane and reasonable.

As a Tea Party person, I can only speak for myself. That is what Tea Party people do, think as individuals. We are ticked off with the left for spending us into debt with massive government waste and crazy benefits. We are ticked off with the right because they haven't shown a willingness to represent those of us who can't afford lobbyists. We hate politics.

Those young men got it. Politics won't solve the problems of prison guards who need new safety vests. Unions won't help fix the bill because they NEED it to be wrong so they can scream about it and

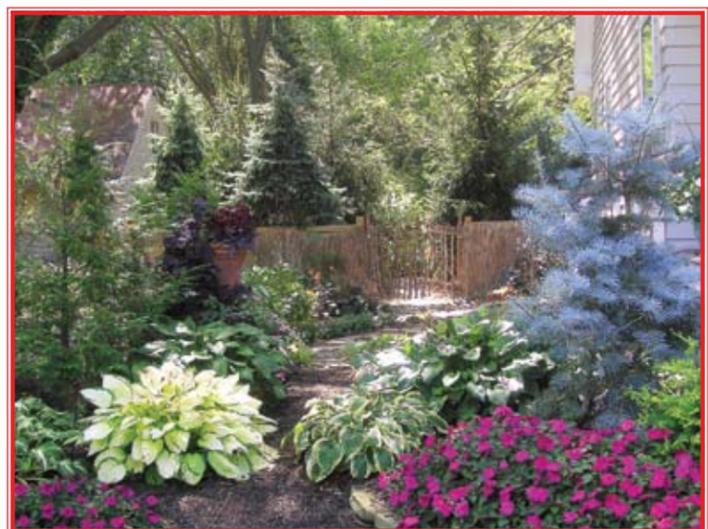
drive up the hysteria for a referendum on the ballot box in November. In the end, everyone loses. Unless we listen to each other.

I say stop yelling and get it right. Make the tweaks and corrections. If sane people can come up with suggestions on how we can get this right, I'm ready to stand with them and have that fight, no matter which side of the political teeter-totter it comes from. Together, we the people can be the adults who are reasonable, sane people and do what needs to be done. Now is the time. Ohio is the place.

Cynthia Sabolich, Westlake

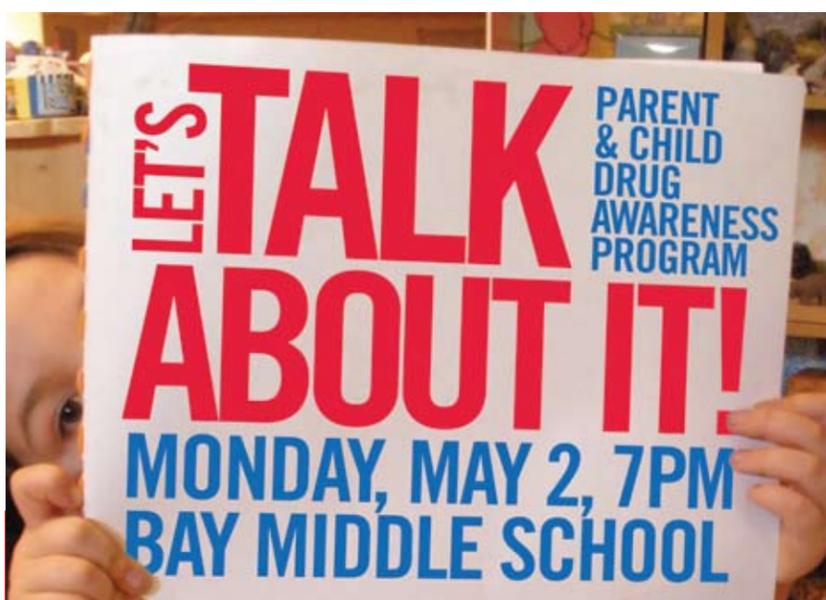
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FOOD & TRAVEL

Life without feta

by Robin Benzle

Back in the good old days when my husband was a normal American male, feta cheese was pretty much something we'd find sprinkled on salads in trendy restaurants along with a few black olive slices. It was a nice enough experience, but we really didn't give it much thought.

Now, Eric has what I'd call a severe feta fetish and eats it with everything from gumbo to sauerkraut. He once tried crumbling it on top of tapioca pudding, until, of course, I threatened to leave him. He's hopelessly addicted and I am currently lobbying to have all feta farmers post a warning on their product: "Life without feta may cause severe irritability, feelings of

inadequacy and even death by withdrawal."

It all started a few years back when Eric met Gus, the Greek guy who owns Mediterranean Foods at the West Side Market on West 25th Street.

"Have a sample of my delicious French feta," he offered, smiling warmly. (Oh sure, he looks innocent, you might say, but I swear I saw a sinister gold tooth flashing that day.)

Next thing you know, we're sitting in Gus' kitchen eating brick-sized chunks of the stuff and making plans to attend all Greek festivals within a two-hundred mile radius. Worst of all, Eric now owns one of those Greek fisherman hats. A gift from Gus, of course. Gus the Cheese Pusher, selling his "fixes" of feta.

Eric has been brainwashed into thinking feta is essential with everything but chocolate pudding. He has it on eggs for breakfast, on sandwiches for lunch, on pizzas for dinner and all by itself every time he

walks past the refrigerator. It has become a staple in our kitchen like bread, milk and coffee. Gus even has him believing it is punishable by law to serve tomatoes without it.

One time, God forgive me, we ran out of the stuff and Eric actually had to be sedated with a stun gun after he ripped the refrigerator door off its hinges and threw it through the picture window. No, life without feta was not fun, but I'm doing what I can to help the poor man. He's on the waiting list at the Fairview Feta Rehab Clinic and he's currently reading the book, "Fetaphobia: How I Survived," by George Papanastopolopagus. In the meantime, I'll just have to try to wean him off of it with the following recipes and issue a warning to you: Stay away from Gus at all costs. ●

Robin Benzle lives in Bay Village. For more recipes, visit www.robinbenzle.com.

FETA-STUFFED CHICKEN BREASTS WITH SUN-DRIED TOMATOES

Serves 6

- 1/3 cup olive oil
- 1/3 cup finely diced sun-dried tomatoes (see note)
- 2 cloves garlic, minced
- 1 teaspoon dried oregano
- 2 teaspoons coarsely ground black pepper
- 6 split chicken breasts
- 6 chunks feta, about 1/4" thick, cut into 1"x2" chunks

Preheat oven to 400. In a small bowl, combine olive oil, sun-dried tomatoes, garlic, oregano and pepper. Set aside.

Place chicken breasts in a roasting pan. Slip your fingers under the chicken skin and loosen to form a pocket. Stuff the feta chunks under the skin. Spoon the olive oil mixture evenly on the tops of the chicken breasts and cover pan with heavy foil.

Bake 50 minutes, then turn oven to broil and remove foil. Broil a few minutes until lightly browned. Goes great with a side of feta.

Note: If needed, soften sun-dried tomatoes by plunging into boiling water for two minutes.



FETA SPAGHETTI

Serves 4-6

- 2 tablespoons each olive oil and butter
- 1 large onion, chopped
- 1 pound lean, ground sirloin or turkey
- 3 cloves garlic, minced
- 1/2 cup dry white wine
- 1 large can (28 oz.) crushed tomatoes in juice
- 1 teaspoon dried oregano leaves
- 1/2 teaspoon each sugar, salt and pepper
- 1 cup crumbled feta
- 1 lb. thin spaghetti, cook according to package directions

In a large skillet, heat oil and butter. Add onion and cook until softened. Crumble ground meat into pan and cook until pink is gone. Add garlic, wine, tomatoes, oregano, sugar, salt and pepper. Simmer, uncovered, 15 minutes. Sprinkle in feta and stir until it melts. Serve over warm noodles. Goes great with a side of feta.

VEGETABLE MASHED POTATOES WITH FETA

Serves 4 - 6

- 6 medium Idaho potatoes, peeled and chunked
- 2 medium onions, peeled and chunked
- 2 tablespoons olive oil
- 2 medium carrots, scraped and chunked
- 2 ribs celery, chunked
- 1 cup chicken or vegetable stock
- 3 tablespoons butter, softened
- 1/2 teaspoon each salt and pepper
- 1 cup crumbled feta

Place potatoes in large pot, cover with water and bring to a boil. Simmer 15-20 minutes or until fork tender.

Meanwhile, in a food processor with a steel blade, finely chop onions. Heat the olive oil in a medium skillet and saute onion 3 minutes. Finely chop carrots and celery and add to the onions. Pour chicken stock over and let simmer 15-20 minutes until most of the liquid has cooked off.

Drain the potatoes and return to pot. While hot, add butter, salt and pepper and mash with electric mixer until smooth. Fold in cooked vegetables and feta and warm through over very low heat, stirring often. Goes great with a side of feta.

BAY VILLAGE CITY SCHOOLS

Bay Schools Curriculum Director announces retirement

by Karen Derby

Larry Orrach, Curriculum Director of the Bay Village City School District since 1997, will retire at the end of this school year.

Orrach has led curriculum review and new curriculum and textbook adoptions for the school district, collaborating with faculty members. He implemented a five-to-seven year cycle of reviews to keep course content updated. In addition, he created teacher training programs to implement new instructional methods, oversaw student testing and diagnostic assessments, and he strategically infused classrooms with technology to be used by teachers and students.

"Mr. Orrach has helped us keep pace with important changes in curriculum and instruction," said Clint Keener, superintendent of the Bay Village City School District. "He has also been a leader in creating an area network of school curriculum directors."

Under Orrach's tenure, the Bay Village City School District has consistently achieved the Excellent rating from the Ohio Department of Education. Average Bay High scores on the ACT/SAT college entrance exams are generally above state and national averages.

Orrach said he feels very fortunate to have worked in the Bay Village Schools. "I have been privileged to work with our very talented teachers and administrators," he said. "I have learned much from them during my tenure. Together we have created a school system that has enabled students to reach their potential and to be ready for the very competitive world that awaits them."

Prior to working in Bay Village, Orrach served as Director of Instruction and Personnel for the Springfield Local Schools, as Director of Curriculum and Instruction for the Columbiana County Educational Service Center, and as Assistant Principal at the New Horizons Acad-

emy in Holland, Ohio. He began his career as a teacher in the Lorain City Schools and was an instructor at the University of Toledo.

Orrach is currently president of the Northern Ohio Branch of the International Dyslexia Association, and he plans to remain active in the organization after his retirement.

He holds a master's degree from the University of Toledo and a bachelor's degree from Oberlin College. Orrach has also completed many hours of doctoral work in curriculum and instructional and educational administration at the University of Toledo and Kent State University. He resides in Westlake with his wife, Lynn.

"My wife and I plan to do some traveling, and I do look forward to being able to golf and ski on weekdays," Orrach said. "My grandchildren live in Bay Village, so I will continue to contribute as I can to the Bay Village Schools, and I'll certainly remain active in the wider educational community." ●

WESTLAKE
KIWANIS
HONORED

by Victor Rutkoski

The Westlake Kiwanis Club has been named a 2009-2010 Distinguished Club by the Ohio District Kiwanis. There are 251 Kiwanis Clubs in Ohio, of which only 51 have obtained Distinguished Status.

Westlake's longest-serving Kiwanis member, Bill Sifritt, accepted the award from Past Division 14 Lt. Gov. Bob Williams. Lt. Gov. Williams also presented Bonnie Smith with a pin recognizing her as Distinguished Club President for 2009-2010 and Jeff Elwell with a pin recognizing him as Distinguished Club Secretary for 2009-2010.

Lt. Gov. Williams congratulated Westlake Kiwanis for all the good work they do throughout the Westlake community. Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time. ●
Victor Rutkoski is a member of the Westlake Kiwanis.

Use rain barrels to conserve water

by **Audrey Ray**, Westerly Elementary Third-Grader

Soon there will be bright and colorful signs advertising rain barrels around Bay Village. My classmates and I made them because my teacher, Mrs. Fisher, and everyone in my class (including me) is trying to help people in Bay learn about conserving water with rain barrels.

Our Mission Statement is: To educate Bay citizens about conserving water by using rain barrels. We plan to sell rain barrels to businesses and citizens. So far we have around 12 rain barrels. We have painted them blues and greens and are going

to put different designs to match your garden on them.

The rain barrels and/or posters will be displayed at Huntington Bank, Heinen's, Georgio's, Dairy Queen, True Value Hardware, City Hall, Key Bank, PNC Bank, BAYarts, Bay Library, Lake Erie Nature and Science Center, and Java Bay. The students in my class wrote letters to those businesses requesting them to let us display posters and rain barrels.

They sent us an email at our email address: rainbarrel-runoff@hotmail.com. Then, we went to their business to have them sign a contract. Most of them did and then it was a done deal. After we met with

them and let them sign the contract, we wrote a thank you letter to them, thanking them for spending time with us.

The businesses that signed the contract will display the rain barrels beginning sometime around April 15 and going through May 30. If you want to buy one, please e-mail us. Again, remember, that they will be painted to match your garden. It will also help you conserve water and be more Earth-friendly.

I hope you realize what it means to conserve water and help the Earth. Watch for more news and information about our rain barrel project. ●

THEATRE

Kids take the stage in summer theatre classes

Huntington Playhouse Begins Registration for Children's Theatre Classes

by **Tom Meyrose**

Huntington Playhouse will be offering their Youth Theatre Classes beginning June 13, 2011. There will be two sessions during the summer. Judith Mazur will be the lead instructor for both sessions.

Session One is designed for students in grades 1-3 and will start on June 13 and conclude on June 26. The two-week class will focus on creative drama and stage craft skills; with the second week consisting of rehearsal

and show preparation for a non-musical presentation on June 26. Cost for this class is \$135 and sessions will be held from 10-11:30 a.m., Mondays through Fridays.

Session Two is designed for students in grades 4-6 and will start on July 11 and conclude on July 30. This three-week class will consist of voice training, pantomime, improvisation and stagecraft. A musical play selection will be presented at the end of the class sessions. The final week of the class will be spent in rehearsal for a performance

on July 30. Cost for this class is \$195 and sessions will be from 10 a.m.-noon, Mondays through Fridays.

All classes will be held at Huntington Playhouse.

Registration forms are available online by going to the theatre's website: www.huntingtonplayhouse.com. Huntington Playhouse is located at 28601 Lake Road in Bay Village and is a licensed affiliate of the Cleveland Metroparks. The box office phone number is 440-871-8333. ●

Between jobs? Experts discuss job search topics every Monday at Bay UMC

by **Patti Thomas**

Bay Jobseekers is a faith-based group that focuses on supporting each other as we journey towards our next career opportunity. We welcome all individuals (not just from Bay) who are in transition as well as anyone who would like to offer their skills and assistance to individuals in transition. Utilizing experts from the Greater Cleveland area, we cover a different job search topic each week.

Join this group for coffee, discussion and

prayer every Monday morning at 8:30 a.m. We meet in the lower-level Fellowship Hall of Bay United Methodist Church, 29931 Lake Road, Bay Village. If you have questions, call the church at 440-871-2082 or email Rev. Bill Buckeye at revbill_bumc@sbcglobal.net.

For the current schedule, check out our website at <http://bayumc.org/Pages/JobSeekers2010.html>. Upcoming topics include:

- March 28: "The Power of Relentless Networking" – Led by LeeDaun Williams
- April 4: "Job Search Update"

– Led by David Saunders

- April 11: "Negotiating Compensation & Using a T-Letter" – Led by Rick Taylor

Would you like to help? If you have a topic that you believe would benefit jobseekers, please contact Rev. Buckeye to discuss. More importantly, if you have or are aware of a job opening, please share that with us. We regularly have 20-30 jobseekers at our meeting plus we are part of an extensive network of jobseekers and jobseeker groups that would greatly appreciate the opportunity to help you fill that opening. ●

WESTLAKE RECREATION CENTER

News and events from Westlake Rec

by **Jim Dispirito**

SPRING BREAK DAY CAMP (GRADES K-6)

March 28 – April 1 (9 a.m.-4 p.m.) – Enjoy the spring break at the Rec Center one day at a time or join us for the whole week. The camp is designed to keep kids entertained with games, swimming, art projects and other fun stuff in a supervised setting. Children will need to bring a brown bag lunch, towel and swimsuit. An afternoon snack is provided. Daily rate is \$30/Member, \$45/Resident, \$50/Non-Resident. Weekly rate is \$150/Member, \$225/Resident, \$250/Non-Resident.

EASTER WATER CARNIVAL (AGES 3+)

April 8 (7-8:30 p.m.) – This "special family night event" is sure to bring excitement to all the boys and girls. Come play your favorite carnival games in the Aquatic Center. Bring your camera as the Easter Bunny will be hopping in to help with the fun and games. Pre-registration is required by April 1. Cost: \$3/Member, \$6/Resident; \$8/Non-Resident.

BABYSITTING CLASS (AGES 11-14)

March 30 (8:30 a.m.-3:30 p.m.) – This training will help participants develop skills in leadership and professionalism, basic care, safety and first aid. Students must bring a lunch, pen and a doll to class. Deadline to register is March 22. Cost: \$60/child.

ADULT SOFTBALL LEAGUES

Westlake Recreation is now accepting teams for its various men's and coed softball leagues. Men's leagues include Sunday Men DH, Monday/Wednesday Men and Thursday Men DH. Coed leagues include: Sunday nights, Tuesday DH and Friday DH. Season starts the week of May 1. Deadline to register is April 12.

ADULT MEN'S BASKETBALL LEAGUES

Westlake Recreation is now accepting teams for its Sunday night men's basketball league. Maximum of 24 teams accepted. Games begin on April 10. At least three divisions within the league. Deadline to register is April 4.

More information regarding all of these programs and more can be found at our website at <http://www.cityofwestlake.org/recreation/index.aspx> or by stopping by the Recreation Center at 28955 Hilliard Blvd., calling us at 440-808-5700 or by picking up our new Rec Gazette. ●

It's good, clean fun when local teens get 'locked in' at the rec center

by **Carole Ochs**

From 9 p.m. on Friday, February 25, until 5 a.m. the next morning, 115 teens attended the Westshore Young Leaders Lock In at the Westlake Recreation Center. High school teens from Bay Village, Westlake, Rocky River, Fairview Park, Lakewood and North Olmsted enjoyed a night of swimming, basketball, volleyball, corn hole, karaoke, dancing and movies.

School administrators, police officers, teachers, counselors, parents, and Westshore Enforcement Bureau staff chaperoned this fun-filled event. Students from the Westshore communities had fun forming friendships with teens from other schools while enjoying a night of alcohol-free and drug-free activities.

The Westshore Enforcement Bureau (WEB) has provided drug and alcohol prevention services

through community education since 1975 and is heralded as a model drug task force in Ohio. In fall 2010, WEB was awarded stimulus funding from the state of Ohio to provide alcohol and drug prevention services to teens in the following six communities: Bay Village, Westlake, Rocky River, Fairview Park, Lakewood and North Olmsted.

Special Agent in Charge Jeff Capretto created the Westshore Young Leaders Network out of this grant to serve middle school and high school students through provision of activities and events which promote and support alcohol and drug free choices.

Involvement with the Westshore Young Leaders meetings and participation in planned activities provides teens an opportunity to learn effective leadership and decision making skills while also discovering their unique talents. ●

BAYARTS

Bob Moyer wins Best of Show in BAYarts juried show

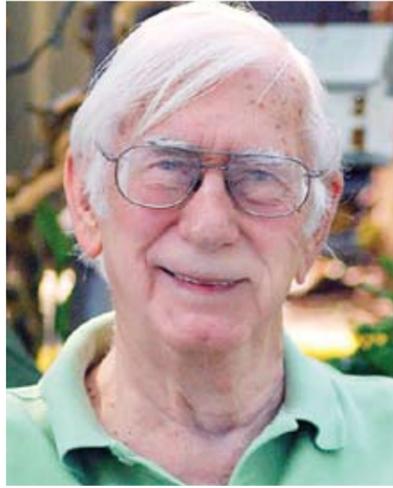
by Eileen Stockdale

Bob Moyer, BAYarts instructor and award-winning watercolor artist, won Best of Show in the annual Spring Juried Show, titled “Essentials.” All mediums except photography were accepted in the show which was judged by Marge Gulley, popular Bay Village artist, and H.Scott Westover, curator of the Progressive Art Collection.

Over 130 pieces were entered in the show. Bob won for his watercolor, “Jazz Player.” Second place went to Karen Beckwith, third place to Eliza Wing and juried awards went to Leslie Edwards-Humez and Barbara Hall.

The show will be on display through March in BAYarts’ new Sullivan Family Gallery in the Fuller House, 28795 Lake Road. Call 440-871-6543 for gallery hours. ●

Eileen Stockdale is BAYarts Gallery Director.



Bob Moyer (above) won Best of Show at BAYarts’ “Essentials” juried show with his watercolor “Jazz Player” (right).



BAYarts offering naming rights for new gardens and Fuller House rooms

by Jim Doughman

With the renovation of the Irene Lawrence Fuller House nearing completion just in time for spring, all new gardens have been added to compliment the new walkways installed by Cleveland Metroparks last fall.

Several of the gardens have been claimed including the “Welcome Garden”, a gift of the Village Foundation; The Casey Coleman “Hope” Garden; the Ralph and Virginia Cascarella “Sculpture” Garden; The Tyler Marie Schuerlein “Butterfly Garden” and the Chuck Heaton “Sunshine” Garden.

Four gardens remain available for naming rights. The gardens are designed and installed by Byron and Julia Shutt of Maple Leaf Landscaping with materials from Gale’s Westlake Garden Center, Cahoon Nursery and Landmark. Also available for naming rights are the new painting studio,

new gazebo, second floor veranda and individual stairs.

For information on naming rights for the gardens and other opportunities, please contact Executive Director Nancy Heaton at 440-871-6543, ext 27. ●

Jim Doughman is a BAYarts Board Trustee.

Color is the cure for the winter grays

by Julia Shutt

By the time mid-March rolls around, we have cabin fever and some even suffer from seasonal affective disorder, caused by sunlight deprivation. We’re sick of gray, dreary landscapes.

I know of a cure lurking beneath those soggy leaves: Color! I like to design with lots of this and I know that bountiful color cures the blahs. Try spring-blooming rock garden perennials like Dianthus ‘Neon Star,’ Creeping Phlox ‘Emerald Cushion Pink’ and Violas.

These low maintenance flowers have electric hues and are semi-evergreen, which means a bit more winter color, too. In the heat of the summer they need little water. The local deer will stroll on by because they don’t like these cultivars. It’s a gardener’s cure that’ll help you get your mojo back! ●

Julia Shutt is a master landscape designer in Bay Village.



Our citizen media project now has over 300 community members who have joined in and embraced the Observer in many ways. Lots of good folks have written stories, helped to distribute the paper and spread the word. Everyone has something to contribute to our success. So can you! Join in at wbvobserver.com

BAY VILLAGE GREEN TEAM

Go green this spring!

Learn how to compost at a free seminar to be held April 13 at Bay Community House

by **Brenda O'Reilly**

Spring is a great time to start a compost pile. All you need is a sunny spot in the backyard and you'll be able to create a compost pile using a mix of "brown" and "green" materials.

Backyard composting is a key to reducing the waste that goes to the landfill. When the organic matter such as kitchen and yard waste go to the landfill, the nutrients are not returned to the soil.

Through composting, you reuse valuable materials by returning the nutrients from the food you eat and the plant material in your yard back to the soil. According to the EPA,

nearly 25% of all waste that goes to landfills is compostable.

What can be composted? The compost process adds 1-2 parts GREEN materials with 2-3 parts BROWN materials.

- Green (organic) materials include: Plant clippings, vegetable scraps, fruit scraps, flowers, grass clippings, coffee grounds, tea bags
- Brown (organic) materials include: Dead leaves, straw, sawdust, wood chips, shredded newspaper, dryer/vacuum lint, nut shells

A properly maintained compost pile will have an "earthy" smell and will provide you with a free source of valuable organic soil amendments to use in place of fertilizers.

Compost Seminar:

Come and join Kathy Rocco of the Cuyahoga County Solid Waste District on Wednesday, April 13, 7-8:30 p.m., to learn all about backyard composting. The seminar will be held at the Bay Community House, 303 Cahoon Rd., and is open to the public.

The seminar is free, but there will be two styles of outdoor compost bins available for purchase at a discounted price of \$50 each. There is also a compost scrap pail for \$5. (Cash or check only).

To register, contact Warren Remein at wremein@yahoo.com or 440-724-1578.

Brenda O'Reilly is Co-Chair of the Bay Village Green Team.



The third edition of the Cuyahoga County Solid Waste Management District's Composting Guide will be available at the Bay Village Green Team's Composting Seminar on April 13. An electronic copy may be requested by emailing [Lori Sprosty at bayvillagegreenteam@gmail.com](mailto:Lori.Sprosty@bayvillagegreenteam@gmail.com).

Upcoming Bay Village Green Team events

- Wednesday, April 13 (7 p.m.) **COMPOST SEMINAR** with Kathy Rocco of the Solid Waste District. At the Bay Community House.
- Saturday, April 16 (9 a.m.-5 p.m.) – **HABITAT FOR HUMANITY DROP OFF** in the BVPD parking lot.
- Saturday, May 21 (10:30 a.m.-2 p.m.) – **PROJECT EARTH WATER WAY CLEAN UP**
- Saturday, May 21 (9 a.m.-5 p.m.) – **HABITAT FOR HUMANITY DROP OFF** in the BVPD parking lot.

Join us at our Green Team meetings on the second Tuesday of each month beginning at 6:30 p.m., at the Bay Community House. Make a difference, get involved!



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Going Green

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COMMUNITY EVENTS

View more events and post your own on the Observer homepage at www.wbvobserver.com.

March 22, 6:30 p.m.

Bay Community Garden Meeting

This public meeting will discuss the upcoming year and answer questions from Community Garden renters and potential renters.
Lake Erie Nature & Science Center, 28728 Wolf Rd.

March 22, 7-8:15 p.m.

"A Musical Tour of Ireland"

The Westlake-Westshore Arts Council hosts Ben Clingain and the Irish Polka Band. The tour will include music relevant to Westlake's sister city, Tralee, Ireland.
Westlake Porter Public Library, Porter Room, 27333 Center Ridge Rd.

March 23, 7-8:30 p.m.

Bay Trash Collection Public Meeting

Bay Village city officials will be joined by Dave Kidder, Area Municipal Services Manager for Republic Services, to explain the new automated trash collection program and answer questions.
Bay Village City Hall, Council Chambers, 350 Dover Center Rd.

March 24, 6 p.m.

Westlake Ward 4 Flooding Community Meeting

Councilman Michael O'Donnell and Engineering Director Robert Kelly will hold a meeting for residents of Ward 4 to discuss the flooding events that took place on Feb. 28, 2011. The meeting is open to the public.

Westlake City Hall, Council Chambers, 27700 Hilliard Blvd.

March 24, 7-8:30 p.m.

Drumming Circle For Those Touched by Cancer

This interactive drumming circle will teach the healing powers of drumming and help those touched by cancer decrease stress. Drums will be provided or you can bring your own. Families are welcome. This program is co-sponsored by Hospice of the Western Reserve. Advanced registration is required, 216-595-9546.
The Gathering Place West, 800 Sharon Dr., Westlake

March 26, 11 a.m.-noon

Planning your Landscape for Curb Appeal

Not sure which plants will grow best in your yard? Our experts will show you appropriate plant selection for your landscape at this free seminar. Considering color, texture, shape and growing habits of plants is integral to a good design. For information, call 440-871-0808.
Gale's Westlake Garden Center, 24373 Center Ridge Rd.

March 26, 7-11 p.m.

Demons Club Night at the Races

Come to this fun annual event and see your favorite coach at the horse-racing windows. Play games and watch March Madness basketball games shown before and in-between the races. The \$25 ticket includes heavy hors d'oeuvres, beer, wine, coffee, desserts, games,

10 horse races, and music. For tickets, visit westlakedemonsclub.com. Limited to 400 people.

St. Demetrios Greek Orthodox Church, 22909 Center Ridge Rd., Rocky River

March 28, 8:30 a.m.

Bay Jobseekers

Join us for coffee, discussion and prayer every Monday morning. All are welcome. This week's topic is "The Power of Relentless Networking," led by LeeDaun Williams.
Bay United Methodist Church, Fellowship Hall, 29931 Lake Rd.

March 29, 5 p.m.

Alzheimer's Disease: What You Need To Know

This presentation by the Alzheimer's Association provides an overview of the disease and talks about the changes that occur in the brain; also compares normal age-related memory loss to Alzheimer's-related memory loss, how to live a brain-healthy lifestyle and how the Alzheimer's Association can help. A light supper will be served at 5 p.m.; the talk begins at 5:30 p.m. Sponsored by St. John Medical Center and Life Care of Westlake.
Life Care Center of Westlake, 26520 Center Ridge Rd.

March 31, 6:30-7:45 p.m.

Tai Chi for Those Touched by Cancer

Those facing cancer will focus on wellness and what they can do to boost energy, open

up and release tension. Movements are done in a standing and seated position and you may sit at any time. Tai chi increases leg strength, balance and flexibility.
The Gathering Place West, 800 Sharon Dr., Westlake

April 2, 11 a.m.-noon

Alpine Gardening Seminar

Find out the best uses in your landscape for these tiny plants.
Gale's Westlake Garden Center, 24373 Center Ridge Rd.

April 2, 1-2 p.m.

Herb Gardening Seminar

With so many uses, from cooking to decorating, herbs should find their way into everyone's garden. Carolyn Borsini from the Western Reserve Herb Society brings her herb expertise along with a few recipe ideas.
Gale's Westlake Garden Center, 24373 Center Ridge Rd.

April 4, 8:30 a.m.

Bay Jobseekers

Join us for coffee, discussion and prayer every Monday morning. All are welcome. This week's topic is "Job Search Update," led by David Saunders.
Bay United Methodist Church, Fellowship Hall, 29931 Lake Rd.



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